



# NAPPY CHANGING & INTIMATE CARE POLICY

## SMARTIES PRE SCHOOL

### POLICY STATEMENT

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### Procedures

- Our key persons regularly change nappies at appropriate times in the day (e.g. mid morning, lunchtime, mid afternoon) or more frequently where necessary (i.e. whenever a child soils their nappy.)
- Our key persons undertake changing children in their key groups; back up key persons change them if the key person is absent.
- Children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes
- Each child has their own basket to hand with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons before changing starts and the areas are prepared.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies. The changing mat is wiped down with a disinfectant after each usage.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat. We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies or helping them to use the toilet. In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We bag up soiled/wet nappies and pull ups and send these home to parents to dispose of hygienically as we do not have facilities on our premises to do this. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are double bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and may be a disciplinary matter.
- All staff use the correct terminology for genitalia, and answer any questions from children sensitively and appropriately.

This policy was adopted on:

13th June 2022

Date to be reviewed:

13th June 2025

Name of signatory:

Victoria Hutter

Role of signatory:

Chairman of the Committee

Signed:

13.06.22