



# TOILET TRAINING POLICY

## SMARTIES PRE SCHOOL & OUT OF SCHOOL CLUB

If the child has most of the skills listed below, then they are probably ready to start toilet training. If they don't have these skills or have a negative reaction to toilet training, wait a few weeks or months until most of the skills are checked off. Starting too soon can actually delay the process and cause tears and frustration. Toilet training is much easier when the child is ready.

### Potty Training at Preschool

The following procedure will be followed:

- Senior staff will ensure that ALL staff in the team are fully aware of the child's stage of potty/toilet training. Parents' wishes must be taken into account at every stage and this must be communicated to the team.
- ALL children at the potty/toilet training stage must be accompanied to the bathroom and supervised and supported whilst in there.
- Reassurance and praise should be given at every step.
- Potties require immediate emptying and are cleaned with an anti-bacterial spray. Children should then be advised and supported to wash their hands with soap and water and dried thoroughly.
- All visits to the potty will be discussed at handover with parents who will be informed of their child's progress on that day
- If any child is struggling with standard potty training techniques, then this will be discussed with the senior team and between staff and the child's parents. Team members must be 17 or over and DBS cleared to perform toileting duties. Ensure the toilet is clean before use and toilet paper is well stocked.
- If helping a child with toileting, put on specific disposable apron used for toileting and gloves to both hands.
- Encourage the child to remove necessary clothing and to sit on the toilet themselves, if age appropriate.
- For a boy learning to wee in a toilet standing up, the staff member should never hold the penis. If for example the child was stood too far away to hit the target a more appropriate method of help would be to gently push the child's pelvis from behind.
- If age appropriate a child should be encouraged to clean their own bottom (most children of toileting age are able to clean themselves after a wee), however if help is required (e.g. some children will need help after a poo), clean the child's bottom using baby wipes, cotton wool or toilet paper, taking care to wipe from front to the back area and taking special care of folds in the skin. In the event of a child requiring assistance, care should be given to respect the child's right to refuse help.
- Should a child have a toileting accident, they will automatically be offered assistance or be changed by a member of staff. This will happen regardless of age, unless the parent has requested their child deals with such incidents personally. Encourage the child to replace their own clothes and flush the toilet, if age appropriate.
- Ensure the child washes their hands thoroughly with soap and warm water and let the child return to the room.



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Children, whose parents and key-person have agreed to start potty training, will be prompted to sit on the potty every 20 to 30 minutes throughout the day.

At least 3 extra pairs of underwear and ample changes of clothing will be needed to support your child's potty training at Preschool.

Once a child is in pants we feel it is confusing and counter-productive to put him or her in nappies except for nap and overnight (as children's bodies may not be mature enough to wake up for the need to use the bathroom).

This policy was adopted on:

15/11/2022

Date to be reviewed:

15/11/2025

Name of signatory:

Victoria Hutter

Role of signatory:

Chairman of the Committee

Signed:

15/11/2022