



# MANAGING CHILDREN WHO ARE SICK, INFECTIOUS OR WITH ALLERGIES

## SMARTIES PRE SCHOOL & OUT OF SCHOOL CLUB

### POLICY STATEMENT

Smarties Preschool and Out of School Club aims to provide care for healthy children through preventing cross infection of viruses and bacterial infections and promote health through identifying allergies and preventing contact with the allergenic trigger.

#### Procedures for children who are sick or infectious

§ If children appear unwell during the day – for example, if they have a temperature, sickness, diarrhoea or pains, particularly in the head or stomach – we will call the parents and ask them to collect the child, or to send a known carer to collect the child on their behalf.

§ If a child has a temperature, they are kept cool, by removing top clothing and sponging their heads with cool water but kept away from draughts.

§ In extreme cases of emergency, an ambulance is called, and the parent informed.

§ Parents are asked to take their child to the doctor before returning them to the setting; We will refuse admittance to children who have a temperature, sickness and diarrhoea or a contagious infection or disease.

§ Where children have been prescribed antibiotics for an infectious illness or complaint, we ask parents to keep them at home for 48 hours before returning to the setting.

§ After diarrhoea, we ask parents keep children home for 48 hours following the last episode.

§ Some activities, such as sand and water play, and self-serve snacks where there is a risk of cross-contamination may be suspended for the duration of any outbreak.

§ We have a list of excludable diseases and current exclusion times. If the management may refuse admission for a child if it is deemed to be detrimental to the group (i.e. possible infectious diseases)

§ Smarties Pre-School & Out of School Club reserves the right to refuse a place for a child if they have not had their full set of inoculations if this would put the majority of children at risk.

#### Reporting of 'notifiable diseases'

§ If a child or adult is diagnosed as suffering from a notifiable disease under the Health Protection (Notification) Regulations 2010, the GP will report this to Public Health England.



# MANAGING CHILDREN WHO ARE SICK, INFECTIOUS OR WITH ALLERGIES

## SMARTIES PRE SCHOOL & OUT OF SCHOOL CLUB

When we become aware, or are formally informed of the notifiable disease, our manager informs Ofsted and contacts Public Health England, and act on any advice given.

### **HIV/AIDS/Hepatitis procedure**

HIV virus, like other viruses such as Hepatitis A, B and C, are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults. We:

- § Wear single-use vinyl gloves and aprons when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.
- § Bag soiled clothing for parents to take home for cleaning.
- § Clear spills of blood, urine, faeces or vomit using mild disinfectant solution and mops; any cloths used are disposed of with the waste.
- § Clean any tables and other furniture, furnishings or toys affected by blood, urine, faeces or vomit using a disinfectant.

### **Nits and head lice**

- § Nits and head lice are not an excludable condition; although in exceptional cases we may ask a parent to keep the child away until the infestation has cleared.
- § On identifying cases of head lice, we inform all parents ask them to treat their child and all the family if they are found to have head lice.

### **Covid 19**

- Although there is now no longer any legal obligation to isolate in regards to Covid-19, we'd expect all children who are ill to be kept at home until well. If the child has any signs of covid 19 (high temperature/cough) we will ask parent to conduct a rapid flow test. If this proves negative the child will be allowed back in to the setting once well. If the test is positive the child should isolate until they have a negative test or for the approved period of time (according to most recent guidance). We will inform parents that there has been a positive case but will never reveal the source.

### **Procedures for children with allergies**

- § When children start at the setting we ask their parents if their child suffers from any known allergies. This is recorded on the Registration Form.
- § If a child has an allergy, we complete a risk assessment form to detail the following:
  - The allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc).
  - The nature of the allergic reactions (e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc).



# MANAGING CHILDREN WHO ARE SICK, INFECTIOUS OR WITH ALLERGIES

## SMARTIES PRE SCHOOL & OUT OF SCHOOL CLUB

- What to do in case of allergic reactions, any medication used and how it is to be used (e.g. EpiPen).
- Control measures – such as how the child can be prevented from contact with the allergen.
- Review measures.

§ This risk assessment form is kept in the child's personal file and a copy is displayed where staff can see it.

§ Generally, no nuts or nut products are used within the setting.

§ Parents are made aware so that no nut or nut products are accidentally brought in.

### Insurance requirements for children with allergies and disabilities

§ . For children suffering life threatening conditions or requiring invasive treatments; written confirmation from our insurance provider must be obtained to extend the insurance.

§ At all times we ensure that the administration of medication is compliant with the Safeguarding and Welfare Requirements of the Early Years Foundation Stage.

§ Oral medication:

- Asthma inhalers are now regarded as 'oral medication' by insurers and so documents do not need to be forwarded to the insurance provider. Oral medications must be prescribed by a GP or have manufacturer's instructions clearly written on them.

- We must agree clear written instructions on how to administer such medication.

- We adhere to all risk assessment procedures for the correct storage and administration of the medication.

- We must have the parents or guardians prior written consent. This consent must be kept on file. It is not necessary to forward copy documents to [our/my] insurance provider.

§ Life-saving medication and invasive treatments:

These include adrenaline injections (EpiPen's/jext) for anaphylactic shock reactions (caused by allergies to nuts, eggs etc) or invasive treatments such as rectal administration of Diazepam (for epilepsy).

- We must have:

· a letter from the child's GP/consultant stating the child's condition and what medication if any is to be administered;

· written consent from the parent or guardian allowing [our staff/me] to administer medication; and

· proof of training in the administration of such medication by the child's GP, a district nurse, children's nurse specialist or a community paediatric nurse.



# MANAGING CHILDREN WHO ARE SICK, INFECTIOUS OR WITH ALLERGIES

## SMARTIES PRE SCHOOL & OUT OF SCHOOL CLUB

Copies of all three documents relating to these children must first be sent to [the Early Years Alliance Insurance Department for appraisal. Written confirmation that the insurance has been extended will be issued by return.

§ Key person for special needs children requiring assistance with tubes to help them with everyday living e.g. breathing apparatus, to take nourishment, colostomy bags etc.:

- Prior written consent must be obtained from the child's parent or guardian to give treatment and/or medication prescribed by the child's GP.

- The staff must have the relevant medical training/experience, which may include receiving appropriate instructions from parents or guardians.

- Copies of all letters relating to these children must first be sent to the Pre-school Learning Alliance Insurance Department for appraisal. Written confirmation that the insurance has been extended will be issued by return.

§ If we unsure about any aspect, we contact the Early Years Alliance Insurance Department.

This policy was adopted on: 16/06/2023

Date to be reviewed: 16/06/2025

Name of signatory: Victoria Hutter

Role of signatory: Chairman of the Committee

Signed: 16/06/2023